



ERIE'S PUBLIC HIGH SCHOOL LUNCH MENU

June 2024 Collegiate Academy

TUESDAY



WEDNESDAY MONDAY **THURSDAY FRIDAY** June 3rd - Fruit Roll-Up Day! One Fruit Roll-Up with every lunch!

Hot Dog on a Whole Grain Bun

> **FEATURED VEGGIES** Corn, Green Beans, or Diced Carrots Choice of Fruit

> > Choice of Milk

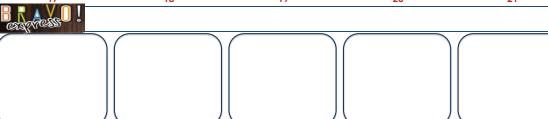
Turkey & Cheese on a Whole Grain Bun

FEATURED VEGGIES Manager's Choice

Choice of Fruit Choice of Milk

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What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate Choice of Vegetable Choice of Fruit Grain/Bread Choice of Milk - 1% White, Fat-Free Chocolate & White

Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans and Green Peppers

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

Leave Your Lunch at Home

Daily entrée options may include: Whole Grain Chicken Patty on a Bun w/ a side of Lettuce & Tomato Whole Grain Chicken Nuggets w/ Whole Grain Soft Pretzel Assorted Fresh Dough Plzza Smucker's Uncrustable Peanut Butter & Jelly Sandwich Salad Bar

A variety of salads, sandwiches and subs offered daily.

Menu subject to change due to





Jennifer Johns: General Manager Jean Viglione: Registered Dietitian Shawn Leh: Chef Manager Jess Kremer: Chef Manager

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