ERIE'S PUBLIC MIDDLE SCHOOL LUNCH MENU

June 2024

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

June 3rd - Fruit Roll-Up Day! One Fruit Roll-Up with every lunch!



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% White, Fat-Free
Chocolate & White

Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans and Green Peppers

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

Leave Your Lunch at Home

Daily entrée options may include: Whole Grain Chicken Pathy on a Bun Lettuce & Tomato Side Available Assorted Fresh Dough Pizza Smuckers Uncrustable Peanut Butter & Jelly

Garden Salad or Turkey Entree Salad Salads served w/ Goldfish Crackers & a Whole Grain Soft Pretzel Sub Sandwiches

Menu is subject to change based on availability.



Hot Dog on a
Whole Grain Bun
FEATURED VEGGIES
Corn, Green Beans or

FEATURED VEGGIES
Corn, Green Beans or
Diced Carrots
Choice of Fruit
Choice of Milk

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Turkey & Cheese on a Whole Grain Bun

FEATURED VEGGIES
Manager's Choice

Choice of Fruit Choice of Milk

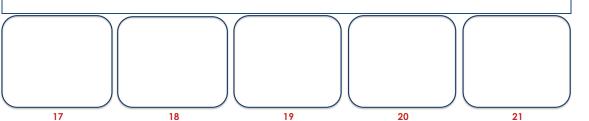
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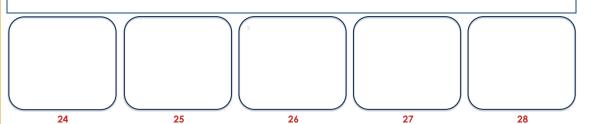


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Free breakfast and lunch available to all students when school is in session!



Jennifer Johns: General Manager Jean Viglione: Registered Dietitian Shawn Leh: Chef Manager Jess Kremer: Chef Manager Phone: 814-874-6885 Fax: 814-874-6889



