

Breakfast Menu - East Middle School June 2024

Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal?
6/3/24	6/4/24				You must choose at least 3 of the 4 components available for the
					school breakfast price.
WG Blueberry Muffins	WG Apple Cinnamon Muffin				Daily we will feature either 2
WG Scooby Snacks	WG Apple Cliniamon Mullin				single grain breakfast items or 1
· ·	Assorted 100% Fruit Juice				double grain breakfast item. All
Assorted 100% Fruit Juice					grains featured will be whole grain. They may include: muffins,
Apple	Apple				mini loaves, cereal breakfast
Choice of Milk	Choice of Milk				bars, crackers, or similar
1% White, Skim or Fat-Free Chocolate	1% White, Skim or Fat-Free Chocolate				breakfast pastries,
					Choice of Milk
			T	1	Choice of Milk - 1% and Fat-Free White
					Whole Grain Cereal
					Selection May Include:
					Cinnamon Toast Crunch Reduced-Sugar Trix
					Reduced-Sugar Cocoa Puffs
					Reduced-Sugar Cinnamon Toast
					Crunch Reduced Sugar Froot Loops
					Cinnamon Chex
					Donaldonkok kiling Dona
					Breakfast at the Door Breakfast bags to include
					breakfast featured on the left
					Jenny Johns - G.M.
					Jean Viglione - Registered Dietician
					Shawn Leh - Chef Manager
					Jess Kremer - Chef Manager
					814-874-6885 (Phone) 814-874-6889 (Fax)
					017-017-0009 (1 ax)
Free Breakfast and Lunch available to all students when school is in session.					USDA is an equal opportunity provider and employer.